

# What Is It All Worth?

## What price would you put on a successful relationship?

When one ends, it generates enormous costs in legal processes, moving expenses, and property disputes. This is not even considering the mental, emotional, and physical toll on you and your children, and the cost of treating that damage.

When you work with GMC™ to address your relationship issues early, you can prevent them from growing into major problems, while simultaneously learning the skills to enhance and deepen your relationship.

## What price would you put on a nurturing father and child relationship?

Parenting is always a fraught process, and parents are in a unique position to incidentally and unintentionally do physical and emotional damage to their children – damage that can have life-long consequences and immense costs in time, money and emotional effort to treat. Let us help you develop the skills you need to address conflicts with your children, and help instill the skills they'll need to be successful and happy in life.

## What price would you put on your career?

When you're not at your peak, distracted by depression, personal issues or negative emotions, you're not working efficiently, and that squanders time and energy. This represents immense costs for your business in lost productivity. We can help you manage mental and emotional issues such as stress and depression, to keep you working at peak efficiency while improving your communication skills, and to develop your mental and behavioural processes to boost your focus and productivity.

# Why GMC™ Is So Valuable

Because GMC™ Understands that:

- men's wellbeing is important-if he is to be a responsible partner and father
- men's health is important-if he is to contribute effectively to the community
- men in stable relationships benefit the people around them
- men that pursue a career that value continual self-improvement may also possess enhanced positive thinking, and have a sense of care for people around them.
- Peace of mind is healing.

## Value to men and family

Value to men and family. GMC™ brings:

- a touch of sunshine, meaning and purpose into your life,
- superior delivery of service, with added personalised attention and services,
- life changing strategies,
- better quality of life,
- stronger relationships,
- a brighter future,
- character building,
- the ability to achieve your personal best,
- career advancement,
- life skills, and
- positive wellbeing.

## Value to your company and organization

- The employer receives support from GMC™.
- Utilising GMC™ is more economical as a support service to management and staff. It increases productivity and reduces staff turnover.
- GMC™ has a special skill set for working with men's perspective, processes and potential.
- Counselling and coaching staff are necessary and beneficial.
- GMC™ has a unique approach and effective strategies for keeping staff feeling happy, confident, included, and enthusiastic.
- GMC™ understands men better than anyone else.
- GMC™ is experienced, with a special ability to work with men to achieve their full potential while nurturing their wellbeing.
- GMC™ works on revitalising staff, which renews and energises them.

## Value to the community

- GMC™ is the perfect choice for any person who aims for greatness in relationships, career, talent and parenting.
- For those who want to experience GMC's unique approach to men, women and family coaching and counselling.
- With superior delivery of service, plus members' exclusive privileges, GMC™ is an excellent choice for leaders and business executives who require added personalised attention and services.
- GMC™ is the ideal service for men and women on the go who would like to address their personal issues without delay, to prevent an escalation while remaining focused on their corporate and leadership role and responsibilities.
- GMC™ sessions are delivered strategically. We take particular pride in our mobile service that can accommodate morning and afternoon tea breaks, lunch breaks, and after-hours sessions.